

# IMPACT REPORT

## OCTOBER 2024



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## Monthly Newsletter



### NUTRITION CLASSES

A HUGE CONGRATULATIONS TO OUR RECENT NUTRITION CLASS GRADUATES! SIX MONTHS AFTER COMPLETING THE PROGRAM, PARTICIPANTS REPORTED SIGNIFICANT HEALTH IMPROVEMENTS, WITH BETTER BLOOD PRESSURE, CHOLESTEROL, AND BLOOD SUGAR LEVELS. ONE MEMBER EVEN SHARED THAT THEY NO LONGER NEED MEDICATION FOR DIABETES AND HIGH BLOOD PRESSURE.

THANK YOU TO CONNECT HEALTH & WELLNESS AND FOOD LION FOR PARTNERING WITH US TO MAKE THESE TRANSFORMATIVE CLASSES POSSIBLE! IT'S AMAZING TO SEE THESE HEALTHY HABITS LEAD TO REAL, LASTING CHANGES.

### HCSO AND PCSO PARTNERSHIPS

THE HENRY COUNTY FOOD PANTRY WAS HONORED TO ASSIST IN A SPECIAL HELENE RELIEF EFFORT ALONGSIDE THE HENRY COUNTY AND PATRICK COUNTY SHERIFF'S OFFICES. WITH OVERWHELMING COMMUNITY SUPPORT, WE HELPED DELIVER TWO TRAILERS FULL OF ESSENTIAL SUPPLIES TO FAMILIES IN NEED. WE'RE GRATEFUL TO BE PART OF THIS MISSION



### BASSETT MOOSE LODGE DONATION

A BIG THANKS TO BASSETT MOOSE LODGE! WE WANT TO GIVE A SPECIAL SHOUT-OUT TO BASSETT MOOSE LODGE FOR ORGANIZING AND DELIVERING TWO FULL TRUCKLOADS OF DONATIONS! YOUR EFFORTS ARE MAKING A BIG IMPACT IN OUR COMMUNITY. THANK YOU FOR YOUR SUPPORT!



## Partnership Spotlight: Valley Star

We're incredibly grateful to our friends at Valley Star, who came through once more, helping pack over 120 care packages for those in need. Each care package included essentials like shampoo, toothpaste, body wipes, and even non-perishable food items such as peanut butter and soup (see the full list in the image). Their efforts go beyond just packing kits—Valley Star also assists our clients with financial literacy, budgeting tips, and resources for financial stability, truly making a lasting impact. Thank you, Valley Star, for your continued partnership and dedication!



## PARTNERSHIP SPOTLIGHT: RADIAL

We're incredibly grateful to our amazing partner, Radial Corp, for stepping up in a big way! This month, Radial donated crucial supplies like baby food, formula, Pedialyte, and pallets of water, all heading directly to help those affected by Hurricane Helene in Asheville, North Carolina. We're honored to serve as a distribution and donation center, ensuring these essential items reach those who need them most.

But Radial's generosity didn't stop there—they sent 46 fantastic volunteers who brought incredible energy to the pantry! They packed food boxes, sorted and hung clothing, restocked shelves, and even bagged pet food. The joy and laughter they brought made the hard work so much easier. Thank you, Radial, for your continued support and the positivity you bring every time you're here!



# Stories of the month:

## SUPPORTING STUDENTS IMPACTED BY HURRICANE HELENE

We were honored to assist a group of students recently affected by Hurricane Helene, ensuring they have the essentials they need as they return to campus life. Many lost personal belongings during the flood damage in Western North Carolina, and we worked tirelessly to help.



We are grateful for the incredible support from our community, whose generous contributions made this possible. We're asking for continued support. Our resources are being stretched thin as we meet the needs of both hurricane victims and our local families. And with winter season coming quickly our population needs extra help!!

Our team loaded vehicles with supplies—everything from toothbrushes and shampoo to laundry detergent and T-shirts—making sure they were completely stocked, even if we couldn't capture the sheer volume of donations in photos.



Donations of winter clothing, hygiene products, toiletries, and basic necessities are deeply appreciated and will be shared with our partners. If you prefer to give monetarily, every dollar goes further thanks to our wonderful partners, allowing us to leverage even more resources.



**THANK YOU FOR ALL DONATIONS AND SUPPORT!**

**HENRY COUNTY FOOD PANTRY**

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